### Chubu-Sangaku National Park

# Murododaira Area Field Map

### ◆ Map Information

This is a hiking map of the Murododaira area, 2,450 meters above sea level. The time required is estimated including leisure time to enjoy the views and surrounding nature. Please plan carefully, as this area is high above sea level and the air is much thinner compared to that at lower altitudes.

#### ◆ About the Murododaira Area

The weather in this area varies frequently because of the alpine climate. When you hike here, it is better to carry rain gear and wear appropriate footwear such as hiking boots. Please do not enter areas outside of the indicated paths as they are the sanctuary of alpine plants and Ptarmigans, and it is especially dangerous in Jigokudani due to the emission of toxic gases. Ptarmigans are rare birds that only inhabit certain areas and in very few numbers. Please do not scare them, and do not take your pets with you to avoid spreading disease-causing bacteria. There are many rules to follow, but by recognizing them, you are sure to experience a sublime natural world, very different to that of the one far below.

## **Information**

#### Seasonal Information of the Murododaira Area

Spring End of Apr. to June	Opening of Alpine Route.  Magnificent world of 10 meters of snow.  Please be careful not to slip and get lost.
Summer July to Aug.	Beautiful alpine flower world. Please do not pick or damage the plants.
Autumn Sep. to Oct.	Marvelous autumn color world. You will enjoy the beauty of the color of alpine plants.
Winter From end of Nov.	Closing of Alpine Route. Glorious blizzard driven white world.

- \*This map is for times when there is no snow. During the snow season, please walk with an experienced hiker as it can be extremely dangerous to walk alone.
- \*There is a nature watch tour organized by naturalists at the Tateyama Nature Conservation Center. Please feel free to participate.

